

THE HULL & EAST RIDING KARATE ACADEMY Certificate of Achievement 2017 Sporting Excellence in Karate National Level

Lawrence Turner

This is to certify that Lawrence Turner has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Lawrence competed at National Championships throughout England in 2017 winning the medals and titles listed below:-

Championship Success - 3 Silver 3 Bronze

Hull & East Riding Karate Academy Championships - 18th June, Bilton

Bronze - Individual Kumite

Shindo Kai Karate Championships - 2nd July, Barnsley

Silver - Individual Kumite

Silver - Individual Kata

Silver - Team Kumite

North of England Championships - 22nd October, Sheffield

Bronze - Individual Kumite

Bronze - Team Kumite

Congratulations on your sporting achievements throughout 2017. Well done Lawrence.

Sensei Wayne Clarke 3rd Dan

Head Coach - The Hull & East Riding Karate Academy







